

Pineapple



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- It is called a pineapple because the body looks like a pine cone.
 - Pineapples have a tough, waxy, spiky rind that may be dark green, yellow or brown on the outside and tall green leaves on top. They have juicy, sweet, yellow flesh on the inside.
 - If you cut off the top leafy part of the pineapple and put it back in the soil, you can grow your own pineapple plant!
 - Pineapples are mostly grown in South America and Southeast Asia. Hawaii is the only US state to grow them.
 - They are 86% water and good for you!



[Click here to see the Pineapple Song.](#)

OKCPS School Nutrition Services

